



ILO/Japan Fund for Building Social Safety Nets in Asia and the Pacific

Myanmar E-Campus Course Catalogue

March 2022

Courses Available

- 1. Introduction to ILO Special Supervisory Procedures
- 2. Introduction to International Labour Standards
- 3. Introduction to Social Dialogue
- 4. Introduction to Gender Equality
- COVID-19 Prevention and Mitigation in Workplaces-Garment Sector
- 6. COVID-19 Prevention and Mitigation in Workplaces-Construction Sector
- COVID-19 Prevention and Mitigation in Workplaces-Agriculture Sector
- OSH Training for Women and Men Ginger Farmers in Myanmar

This catalogue is a compilation of the course information on:

- The target audience
- Topics covered
- How the course is organized
- Conditions for enrolment and completion certificates.

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1. Introduction to ILO Special Supervisory Procedures Who is the target audience? Who attends this course?

This course specifically targets the representatives of employers' and workers organizations in Myanmar. It can also be relevant to lawyers, representatives from non-government organizations, UN officials, non-specialists and the broader public.

What topics does this course cover? What will I learn?

This introductory course provides an overview of the special supervisory procedures that enable ILO constituents to raise alleged shortcomings about the way in which States give effect to International Labour Standards (ILS) or fundamental principles of the ILO. In addition to knowledge on regular system of supervision, the course consists of lessons on:

- Representations under article 24 of the ILO Constitution
- Complaints under article 26 of the ILO Constitution

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 Complaints to the Committee on Freedom of Association
By the end of the course, participants will be able to follow-up on the conclusions and recommendations on Myanmar by the ILO special supervisory bodies.

How is the course organized?

The course is divided into seven sections with interactive and engaging content and will take approximately two hours to complete.

The course includes short quizzes within the modules and a knowledge assessment at the end to ensure participants' understanding of the course materials.

What are the conditions for enrolment and completion certificate?

Anyone who is interested can self-enroll and attend the course. A course certificate is available on completion of the course and final assessment.

2. Introduction to International Labour Standard (ILS)

Who is the target audience? Who attends this course?

The course targets the ILO's tripartite constituents, development specialists, academics, judges, lawyers and the wider public.

What topics does this course cover? What will I learn?

This introductory course provides an:

- Overview of ILS, the reasons for their development, their relevance and how they are used today.
- Overview of how ILS are adopted and promoted, and how their application is supervised.
- The subjects covered by ILS and their content.

How is the course organized?

The course is divided into three substantive sections with interactive and engaging content.

It includes a knowledge assessment in each module to support learners understanding of the course materials.

What are the conditions for enrolment and completion certificate?

Anyone who is interested can self-enrol and attend the course. A course certificate is available on completion of the course.





The course is aimed at:

- Officials from Ministries concerned with Labour Affairs
- employers' and workers' representatives
- Members and staff of national tripartite bodies
- Parliamentarians
- Industrial relations practitioners
- community leaders, civil society and other stakeholders
- Personnel from institutions involved in promoting social dialogue (including academics, research institutions, and non-governmental organizations).

What topics does this course cover? What will I learn?

This e-learning course has been designed to expose participants to the key principles and concepts relating to social dialogue, industrial and employment relations. In particular, participants will reflect on the role of government, employers' and workers' organizations in industrial relations, and develop a basic knowledge and understanding of social dialogue, tripartism, and become acquainted with labour dispute systems based on the relevant ILO standards.

How is the course organized?

The course is divided into three substantive modules with interactive and engaging approach.

- Social dialogue and tripartism
- Collective Bargaining
- Dispute prevention and resolution

The course will develop participants' knowledge and skills to engage in successful social dialogue at all levels.

What are the conditions for enrolment and completion certificate?

Anyone who is interested can self-enrol and attend the course. A course certificate is available on completion of the course.

4. Introduction to Gender Equality Who is the target audience? Who attends this course?

This course targets the ILO's tripartite constituents, the United Nations system, human resource persons, private and public sector representatives committed to equity, non-specialists, and the broader public. The course is designed to meet the different needs of those responsible for ensuring equality of opportunity and nondiscrimination in workplaces.

What topics does this course cover? What will I learn?

This introductory course delivers:

- Step-by-step analysis of what gender equality means and why it matters
- International frameworks on gender equality

 Overview of strategies and tools for gender mainstreaming
The course aims to provide practical knowledge and tools for action and enhance participants capacity to promote gendertransformative change in workplaces.

How is the course organized?

The course is divided into three substantive sections and includes a knowledge assessment in each module to ensure participants' understanding of the course materials.

What are the conditions for enrolment and completion certificate?

Anyone who is interested can self-enroll and attend the course. A course certificate is available on completion of the course and final assessment.





Anyone who is interested can self-enrol and attend the course. The course targets:

- The ILO's tripartite constituents,
- OSH committee members
- Safety personnel
- Managers and supervisors
- Leaders and members of unions
- The broader public.





What topics does this course cover? What will I learn?

This course covers the following topics:

- 1. How the virus spreads and the risks
- 2. Kind of objects/surfaces in factories that could get contaminated
- How long the virus stays on particular surfaces
- Understanding the common symptoms and the risks of serious illness
- 5. Who is at greater risk of infection
- Obligations to ensure workers' safety during COVID-19
- 7. Impacts on businesses.



How is the course organized?

On completion of this course, participants should be knowledgeable on:

- 1. Workforce and workplace protection
- 2. High risk situations
- 3. Business process adaptation
- 4. Employer-led interventions

Participants will be encouraged to participate through collaborative learning by asking questions and sharing their experience.

What are the conditions for enrolment and completion certificate?

This course is currently open to all and accessible by everyone. A certificate would be provided subject to completion of an interactive training plan.



6. COVID 19 Prevention and Mitigation in Workplaces-Construction Sector Who is the target audience? Who attends this course?

- Ministry Officials
- Employer representatives
- Leaders and members of trade unions
- Site engineers
- Safety officers
- Managers
- Stakeholders engaged in construction sector.

What topics does this course cover? What will I learn?

- How the virus is spread and the symptoms.
- Prevention measures in workplaces in construction sector.
- 3) Prevention measures at home.
- How to respond to suspected cases in the workplace.
- 5) Managing mental heath during COVID-19.

- Training, communication and awareness raising about COVID-19 for workers.
- Understanding COVID-19 OSH management system.

How is the course organized?

The course is fully online supported by resource materials including powerpoints, handouts and information sheets. Paticipants can take this course at their own pace.

What are the conditions for enrolment and completion certificate?

This course is currently open to all and accessible by everyone. A certificate would be provided subject to completion of an interactive training plan. 7. COVID-19 Prevention and Mitigation in Workplaces-Agriculture Sector Who is the target audience? Who attends this course?

This course targets:

- Owners and workers of the farm
- Farmers.
- Partners organization (Agriculture sector)
- Trade Unions leaders and members

What topics does this course cover? What will I learn?

This course covers the following topics:

- How the virus spreads and the symptoms
- Prevention and control measures for COVID-19 in the agriculture sector
- 3) Responsibilities concerning COVID-19
- 4) Using an OSH management system to respond more effectively to COVID-19
- 5) COVID-19 action check list

How is the course organized?

The course consists of seven modules and is originally designed for two days interactive training with the trainer. The training materials include practical exercises for a thorough understanding to enable participants to apply learnings in workplaces and their practices.

What are the conditions for enrolment and completion certificate?

Anyone who is interested can self-enroll and attend the course. A course certificate is available on completion of the course and final assessment.

• လက်ကို စက္ကန့် (၂၀)ကြာအောင် စနစ်တကျ

 လုပ်ငန်းခွင်ဝင်သည့်အခါ တစ်ဦးနှင့်တစ်ဦးကြား အနည်းဆုံး (၆)ပေခွာ၍ အလုပ်လုပ်ပါ။
လူထူထပ်သည့် နေရာများသို့သွားပါက မျက်နာနှင့်

• ထမင်းစားရှိန်များတွင် နီးကပ်စွာ စုဝေးစားသောက်ခြင်း မပြုဘဲ

မကြာခဏ ဆေးကြောပါ။

နာခေါင်းစည်း တပ်ဆင်ပါ။

တစ်ဦးချင်းသာ စားသုံးပါ။

လယ်ယာကဏ္ဍတိုးတက်ဖို့ ၊ ဒို့တောင်သူတွေ ကျန်းမာစို့ ဂိုရိုနာမိုင်းရပ်စ်ရောဂါ COVID-19 ကင်းဝေးရေး၊ ညွှန်ကြားချက်များလိုက်နှာပေး

8. OSH Training for Ginger Farmers in Myanmar Who is the target audience? Who attends this course?

The course targets ginger farmers in the agricultural sector.

What topics does this course cover? What will I learn?

The course covers the following topics -

- The role of women and men in ginger production
- Good business practices supporting safe and healthy farms
- 3) Work hazards and risks
- 4) Hierarchies of control
- 5) Handling and storage of materials
- 6) Safe use of tools
- 7) Safe use and handling of inputs
- 8) Heat safety

You will learn how to identify the hazards in the farming and how to eliminate, control and measure the hazards. Moreover you will be aware women and men may face different hazards and risk in the farming and workplace even if they do the same job.

How is the course organized?

The course is divided into eight modules with exercises and group work. At the end of each module, learners can use an action checklist to support them to implement corrective measures for their farming operations.

What are the conditions for enrolment and completion certificate?

This course is currently open to all and accessible by everyone. A certificate would be provided subject to completion of an interactive training plan.

